Brief Bio – Jeff Katzman, MD

Jeff Katzman is Emeritus Professor of Psychiatry at the University of New Mexico and Adjunct Professor at the Yale School of Medicine. He currently works as the Director of Education at Silver Hill Hospital and as the medical director for multiple ECHO programs in resilience for health care workers. Prior to this, he directed Behavioral Health Care services at the New Mexico VA Health Care System and programs for veterans with PTSD in Los Angeles. He is a longtime student and teacher of psychodynamic psychotherapy and attachment as well as a practitioner of Intensive Short-Term Dynamic Psychotherapy. Jeff has held multiple leadership roles in the American Academy of Dynamic Psychiatry and Psychoanalysis and is also an original board member of the Mentalizing Initiative in Los Angeles. He has received multiple recognitions as an outstanding teacher from trainees and has been published for his research and original ideas in multiple peer reviewed journals. He has also participated in improvisational theatre for decades and has held a passion for understanding its application for interdisciplinary hospital teams, psychiatric trainees, psychotherapists, and patients. He has presented these ideas at multiple international conferences and has published two books about the application of improvisation to our lives. His original research has demonstrated the critical role improvisation can play in becoming comfortable with the unknown. He has also been identified as an Amazon Breakthrough Novel Quarterfinalist for his original novel, The.Storymaker¡