

Welcome to OOS 2023

The 2023 Ohio Osteopathic Symposium is a collaboration between the Ohio Osteopathic Association and the Ohio University Heritage College of Osteopathic Medicine and its Society of Alumni and Friends!

EVENT PROGRAM

***APRIL 20 – 23, 2023
HILTON COLUMBUS
AT EASTON***

**OHIO
OSTEOPATHIC
SYMPOSIUM**

A Collaboration of
Ohio University Heritage College
of Osteopathic Medicine
and Ohio Osteopathic Association

CME INFORMATION

The Ohio Osteopathic Foundation (OOF) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The OOF designated this program for 29.5 hours of AOA Category 1-A credits and will report CME and specialty credits in accordance with the extent of the physicians' participation in this activity.



To get your CME credit, complete the following forms by May 15, 2023. CME Attestation Form <http://www.ohiodo.org/2023OOSattestation> Evaluation Form <http://www.ohiodo.org/2023OOSevaluation>

You will receive a CME certificate verifying your credits via email within 4 weeks.

WIRELESS INTERNET

You will have access to the Hilton's wireless internet during the educational sessions. In order to maximize efficiency and speed, please disable any wireless hotspots you have on your devices. Wireless hotspots can drag the Hilton's system down, causing it to crash. If you need to power your device, be sure to sit in the front row of the lecture room to have access to electricity and a power strip. Wifi login instructions are provided in your registration folder.

PROGRAM MATERIALS

The PDF of their slides and handouts are available at: <http://www.ohiodo.org/2023OOSpresentations>.

Be part of the Molina Healthcare of Ohio "It Matters to Molina" program today!

At Molina of Ohio, our providers matter! That's why we set up our "It Matters to Molina" program: to connect directly to our more than 90,000 providers and support you in delivering high-quality, efficient care to our members.

The program gives providers access to monthly bulletins with updates on operational and organizational news, provider trainings, surveys, presentations, videos and many other helpful tools and resources.

Learn more now at
MolinaHealthcare.com/OH/ItMattersToMolina.
And thank you for being part of the Molina family.



2023 SPONSORS



2023 EXHIBITORS

Abbott Diabetes Care	Aledade	Almatica Pharma
AstraZeneca	Bayer Pharmaceuticals	Buckeye Health Plan
Calliditas	Columbus CyberKnife	GRAIL
Grifols USA	HCOM Clinical & Transitional Research Unit	Idorsia Pharmaceuticals
JTECH Medical	KOWA Pharmaceutical	Lilly
Merck	Molina Healthcare of Ohio	NephU
Novartis	Ohio Professionals Health Program (OhioPHP)	Ohio Cardiovascular and Diabetes Health Collaborative
OrthoNeuro	OrthopedicONE	Rebound Bracing and Pain Solutions
River Tree Wealth Management	Vytalize	Xeris Pharmaceuticals

THURSDAY, APRIL 20, 2023 | TOTAL CREDITS: 7.25

TIME	FUNCTION	LOCATION	CME CREDITS
12:00-5:00PM	REGISTRATION	EASTON LOBBY	
4:30-8:00PM	EXHIBITOR SET-UP	EASTON LOBBY	
1:00-2:00PM	When a Healthcare Professional Needs Help: A guide for licensees of the State Medical Board of Ohio Richard N. Whitney, MD, FASAM, Medical Director, Ohio Physicians Health Program, Inc.	EASTON A/B	1.0
2:00-3:00PM	Making an Impact in the Fight Against Suicide William J. Resch, DO ('99) and Corrin Pelini, DO ('22) Ohio Health/Riverside Methodist Hospital	EASTON A/B	1.0
3:00-4:30PM	Ohio Osteopathic Foundation (OOF) Board Meeting	LILAC	
3:00-5:00PM	Invisible Illnesses & Disabilities: How to Navigate Jennifer L. Pflgebraar, DO, ABOIM, and patients Connie W., Abbie C., & Alyssa R., Center for Integrative Medicine and Natural Aesthetics, Perrysburg, OH Gary S. Huber, DO ('87), AOBEM, Huber Personalized Medicine, Cincinnati, OH	EASTON A/B	2.0
5:00-5:15PM	BREAK	EASTON LOBBY	
5:15-8:30PM	Dinner and Dermatology: Skin Concerns that Demand Attention Frank J. Morocco, Jr., DO, FAOCD Angela S. Casey, MD Matthew J. Franklin, MD Shannon C. Trotter, DO ('06), FAOCD, FAAD	EASTON A/B	3.25

FRIDAY, APRIL 21, 2023 | TOTAL CREDITS: 8.5 HOURS

TIME	FUNCTION	LOCATION	CME CREDITS
7:00-8:00AM	REGISTRATION + CONTINENTAL BREAKFAST	EASTON LOBBY	
7:00-8:00AM	Ohio ACOFP Breakfast Meeting & President's Installation David J. Park, DO, FACOFP dist., FAAFP, President, ACOFP	EASTON C/D/E	
8:00AM-5:00PM	EXHIBITS OPEN	EASTON LOBBY	
8:00-9:00AM	Neurology and Psychiatry Medications That Have Effects on Sleep Nicole Barylski Danner, DO, FACN	EASTON A/B	1.0
9:00-10:00AM	Alpha 1 Antitrypsin Deficiency Nathan P. Samsa, DO ('07), PharmD, RPh, FACOI Pulmonary/Critical Care – Sandusky, OH	EASTON A/B	1.0
10:00-10:30AM	BREAK - VISIT EXHIBITS	EASTON LOBBY	
10:30-11:30AM	JO Watson, DO Memorial Lecture: Our Journey in Diversity in the Osteopathic Profession Robert S. Juhasz, DO, MACOI, FACP, Internal Medicine (retired) – Cleveland, OH	EASTON A/B	1.0
11:30AM-1:00PM	HCOM Luncheon: The Road to 2033 Kenneth H. Johnson, DO, FAAO, Executive Dean, HCOM and Chief Medical Affairs Officer, Ohio University	REGENT BALLROOM	1.5
1:00-2:00PM	Outcome Altering Diabetes Medications Allison Petznick, DO ('06), Northern Ohio Medical Specialists, Sandusky, OH	EASTON A/B	1.0
2:00-3:00PM	Diastasis Recti, Gallbladder, Appropriate Workup and Principles of Delayed Operative Intervention with Appendicitis Paul M. Levy, DO, ('08), FACOS General Surgery, Kettering Health, Dayton, OH	EASTON A/B	1.0
2:00-5:00PM	HOUSE OF DELEGATES	EASTON C/D/E	
3:00-3:30PM	BREAK – VISIT EXHIBITS	EASTON LOBBY	
3:30-4:30PM	Physiologic Changes of Pregnancy and Hypertensive Disorders and Associated Management Robert J. Fresch, DO ('14) Maternal Fetal Medicine, Kettering Health, Dayton, OH	EASTON A/B	1.0
4:30-5:30PM	Common GYN issues that PCPs May Encounter Kristen L. Caldwell, DO OB/GYN, Kettering Health, Dayton, OH	EASTON A/B	1.0
5:30-6:30PM	NETWORKING HOUR (Symposium Happy Hour sponsored by River Tree Wealth Management)	JUNIPER B/C	

SATURDAY, APRIL 22, 2023 | TOTAL CREDITS: 9.75 HOURS

TIME	FUNCTION	LOCATION	CME CREDITS
7:00-8:00AM	REGISTRATION	EASTON LOBBY	
7:00-8:00AM	Rapid Fire Research Update Breakfast – Sponsored by Osteopathic Heritage Foundations How Virtual Reality is Transforming Patient Care: Elizabeth A. Beverly, PhD, Professor, HCOM Primary Care, OHF Ralph S. Licklider, DO, Endowed Faculty in Behavioral Diabetes Approaches for Increasing Buprenorphine Use in Primary Care: Berkeley Franz, PhD, HCOM Associate Professor; OHF Ralph S. Licklider, DO, Endowed Faculty Fellow in Population Health Science Older Adults: A Population That Deserves Our Attention: Graciela Muniz-Terrera, PhD, HCOM Professor, Social Medicine; OHF Ralph S. Licklider, DO, Endowed Professor in Health & Aging	EASTON A/B	1.0

OHIO ACOFP PRESIDENT'S INSTALLATION BREAKFAST

OPEN TO ALL ACOFP MEMBERS

David J. Park, DO, FACOFP, FAAFP – ACOFP President, will provide an update of events happening at the national level.

Jill Y. Porter, DO, FACOFP will be installed as Ohio ACOFP president.



7:00 – 8:00AM | Business Meeting +Installation

FRIDAY, APRIL 21, 2023

7:00AM – 8:00AM | EASTON C/D/E

DAVID J. PARK, DO, FACOFP, FAAFP
JILL Y. PORTER, DO, FACOFP

JO WATSON, DO, MEMORIAL LECTURE

Robert S. Juhasz, DO, MACOI, FACP, will deliver the annual lecture, a prestigious long-standing tribute to one of Ohio's most respected DOs – the late J.O. Watson. The award honors individuals who have made a significant contribution to the advancement of health care, osteopathic medical education, or research. Thanks to the generous support of the Osteopathic Heritage Foundations, the lecture award carries an honorarium and a \$5,000 charitable contribution in the recipient's name to the Ohio Osteopathic Foundation in support of student engagement and related activities of the Ohio Osteopathic Association.



FRIDAY, APRIL 21, 2023

10:30AM – 11:30AM | EASTON A/B

ROBERT S. JUHASZ, DO, MACOI, FACP

HERITAGE COLLEGE ADDRESS LUNCHEON

ALL ARE WELCOME TO ATTEND

During this luncheon address, OHIO's Chief Medical Affairs Officer and the Heritage College Executive Dean Ken Johnson will discuss the innovative curricula, expansive clinical education networks and interdisciplinary commitments that have transformed the college in recent years.



FRIDAY, APRIL 21, 2023

11:30AM – 1:00PM | REGENT BALLROOM

KENNETH H. JOHNSON, DO, FAO
EXECUTIVE DEAN, HCOM & CHIEF
MEDICAL AFFAIRS OFFICER, OHIO
UNIVERSITY

SATURDAY, APRIL 22, 2023 | TOTAL CREDITS: 9.75 HOURS (cont.)

TIME	FUNCTION	LOCATION	CME CREDITS
7:00-11:00AM	Research Exhibition and Poster Competition - Posters Display Set-Up	EASTON C/D/E	
8:00-10:00AM	Orthopedics Lightning Round – OrthoNeuro, Columbus, Ohio Advanced Technologies in Arthroplasty – Mark E. Gittins, DO FAOAO Outpatient Total Shoulders – Scott Stephens, MD Achilles Issues – Nicholas A. Cheney, DO ('07), FAOAO Common Shoulder Problems and Treatment Options – Benjamin W. Szerlip, DO ('09) Carpal Tunnel – James C. Cassandra, DO ('99)	EASTON A/B	2.0
10:00-10:30AM	<i>BREAK – Visit Posters/People's Choice Award Voting</i>	EASTON C/D/E	
10:30-11:30AM	KEYNOTE ADDRESS: Life in Ukraine: Medical Challenges on the Front Brigadier General Mark C. Arnold, BSISE '82	EASTON A/B	1.0
11:30AM-12:15PM	Emerging Osteopathic Research Darlene Berryman, PhD, RD, LD, Associate Dean for Research and Innovation – HCOM HCOM DO/PhD Candidates: A Knee-Jerk Reaction: Mapping the Brain's Response to Anterior Cruciate Ligament Injury, Cody Criss, PhD When you DO a PhD: A Novel Approach to the Management of Type I Diabetes Mellitus, William Koch, PhD Lymphatic Pumping, Tumor Metastasis and the Effect of Aging, Christopher Walsh	EASTON A/B	.75
12:15-1:45PM	OOA LUNCHEON – ALL WELCOME AOA President's Address: Ira P. Monka, DO, FACOPF (President-Elect) OOA President's Address: Nicklaus J. Hess, DO, ('12), FACOPF	REGENT BALLROOM	1.5
1:45-2:45PM	Physician Burnout Solutions: What Works Heath A. Jolliff, DO ('93) FACMT, FACEP, FAAEEM Certified Executive Coach, Physician Coaching Solutions, Columbus, OH	EASTON A/B	1.0
2:45-3:45PM	Career Transition Solutions for Physicians Heath A. Jolliff, DO ('93) FACMT, FACEP, FAAEEM, Physician Coaching Solutions, Columbus, OH	EASTON A/B	1.0
3:45-4:00PM	<i>BREAK</i>	EASTON LOBBY	
4:00-5:30PM	VR: Maternal Infant Health/Intimate Partner Violence Elizabeth A. Beverly, PhD, Professor, HCOM Primary Care, OHF Ralph S. Licklider, DO, Endowed Facility in Behavioral Diabetes	EASTON A/B	1.5
6:00-8:00PM	Cocktail Awards Reception - Honoring Your Osteopathic Peers Heritage College Awards/OOA Awards/Ohio ACOFP Awards	REGENT BALLROOM	

SUNDAY, APRIL 23, 2023 | TOTAL CREDITS: 4.0 HOURS

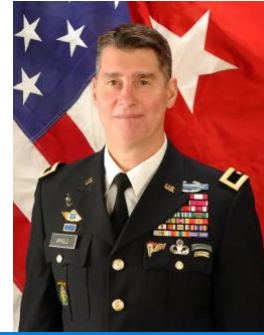
TIME	FUNCTION	LOCATION	CME CREDITS
8:00-9:00AM	Widening Your Lens of OMT: Learning & Teaching Hands on Workshop: Osteopathic Training Then and Now Jean S. Rettos, DO ('04), HCOM OMM Faculty	EASTON A/B	1.0
9:00-10:00AM	Widening Your Lens of OMT: Learning & Teaching Hands on Workshop: Just Have a Seat – OMT Without a Table Cheryl A. Hammes, DO ('98), HCOM OMM Faculty	EASTON A/B	1.0
10:00-11:00AM	Widening Your Lens of OMT: An Osteopathic Road Map to the Pelvis Jenny Zamor, DO ('98), HCOM OMM Faculty	EASTON A/B	1.0
11:00AM-12:00PM	Widening Your Lens of OMT: Learning & Teaching Hands on Workshop: Whiplash Treatment Imber C. Coppinger ('98), HCOM OMM Faculty	EASTON A/B	1.0

KEYNOTE ADDRESS

Life in Ukraine: Medical Challenges on the Front

Brigadier General Mark C. Arnold, BSISE '82

His military decorations include the Distinguished Service Medal, our nation's highest award for military service; the Legion of Merit; the Bronze Star Medal; the Combat Infantryman Badge; Master Parachutist Badge; Special Forces Tab; and Ranger Tab. Arnold received Ohio University's Medal of Merit in 2007 for achievement in business.



SATURDAY, APRIL 22, 2023

10:30AM – 11:30AM | EASTON A/B

**BRIGADIER GENERAL MARK C. ARNOLD
- KEYNOTE SPEAKER**

AOA UPDATE + OOA PRESIDENT'S ADDRESS

Ira P. Monka, DO, FACFP | President-Elect, American Osteopathic Association

Dr. Monka is an AOA board-certified osteopathic family physician. A fellow of the American College of Osteopathic Family Physicians, Dr. Monka practices at the Medical Institute of New Jersey in Cedar Knolls. He has been named a "Top Doc" by *New Jersey Monthly Magazine* for several years.



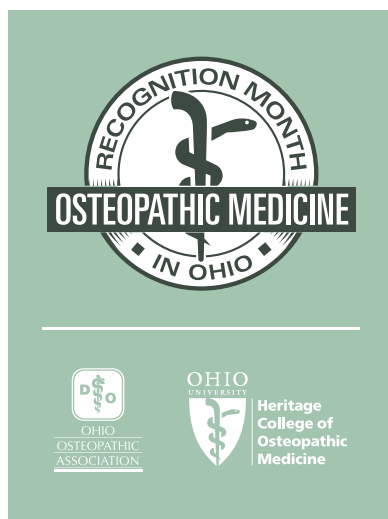
Nicklaus J. Hess, DO ('12), FACFP | Incoming President, Ohio Osteopathic Association

Dr. Hess, of Dayton, is board certified in family medicine and OMT and works with residents and students. Dr. Hess has served on the OOA Board of Trustees since 2015.

SATURDAY, APRIL 22, 2023

12:15PM – 1:45PM | EASTON C/D/E

**IRA P. MONKA, DO, FACFP – PRESIDENT-ELECT, AOA
NICKLAUS J. HESS, DO ('12) FACFP - INCOMING PRESIDENT, OOA**



Join the OOA today!



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The Region V Public Health Training Center works to develop a competent public health workforce with the capacity to address community needs and improve population health outcomes.

This is done through two key areas:

Training Public Health Professionals

- Continuing Education
- Live & On-Demand Trainings
- In-Person & Online Convenings

Supporting Student Development

- Faculty Collaborations
- Capacity Building Projects
- Student Field Placements

We work in partnership with Community-Based Training Partners and Technical Assistance Providers to provide service to the six states in our region.

Visit our website to
learn more:
www.RVPHTC.org

