

Buckeye Osteopathic Physician





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These benefits are for OOA members only!
The OOA is proud to work on your behalf to expand member value.

Questions? Contact Membership Director Joanne Barnhart, jbarnhart@OhioDO.org
614-299-2107 • www.OhioDO.org

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ON THE COVER

The Ohio Osteopathic Symposium, now in its 10th year, was held April 24-28, 2019, in Columbus. The conference offered engaging and informative sessions presented by experts in their areas of study, 30.5 hours of continuing medical education credits, networking opportunities, and more.

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BUCKEYE OSTEOPATHIC PHYSICIAN MAGAZINE

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Executive INSIGHT

Leveraging technology for our members

By Matt Harney, MBA

If we were to take a step back to see how differently we communicate with each other compared to even a decade ago, I think we'd all be pretty shocked. Social media has allowed us to share personal and professional experiences in ways we've not been able to before. It even allows us to connect with people we might not connect with otherwise. Email has further established its dominance as the primary mode of business communication. For most, text messages far outpace phone calls when connecting with family and friends (and professionally it's not too far behind). We've even grown accustomed to receiving breaking news on a global scale in 280 characters (or usually even less!) per message thanks to Twitter (and follow the OOA @ohioDOs if you don't already).



The OOA has worked diligently to find ways to leverage technology to communicate and gather information. You'll see the OOA has added easy-to-use forms to register your support of interest for various opportunities that help advance the profession and our members. They are found under the "Members" section of our website under the tab, "Volunteer and DO your part." Those opportunities include:

- Special advocate: Seeks experts with knowledge, experience, or interest regarding insurance, Medicaid, scope of practice issues, physician payment, and pharmacology among other topics. Participation could include testimony at the Statehouse, interested party meetings, legislation review, media engagement,
- CME presenter: Allows you to share your patient-centered

expertise and your osteopathic approach to wellness with your colleagues.

- Shadowing: Allows interested undergraduate students to shadow you. Provides students with exposure to the osteopathic profession and enhances awareness of the osteopathic medical philosophy.
- Student hosting: Connects interested medical students on rotations away from home with volunteer physician hosts.

Please initiate your interest for any or all of these on our website—www.ohioDO.org.

The OOA also sought to utilize technology through our mentoring program. In mid-April, we initiated our reimagined engagement with osteopathic medical students—coined Mentoring Monday—which leverages videoconference technology and allows the OOA leaders and other content experts to have a dialogue with students on topics of interest to them. This inaugural session was on the residency match and strategies for success. Our then-President Jennifer J. Hauler, DO, kicked off the session and we were joined by AACOM's CEO (who at that time was OU-HCOM's Associate Dean for Clinical Education) Robert A. Cain, DO, and OU-HCOM's Associate Director of Residency Services, Blythe Jonas, MA. The presentation and exchange was well-received and we look forward to more. We'll continue to gather timely topics of interest from the OU-HCOM student body.

Our world is changing at an increasingly rapid pace in nearly every aspect of our lives. In this brave, new environment, the OOA will continue to blaze new trails for our members and their patients. Our doors are always open, so please share any new ideas that will help us serve you! ■



A long-standing OOA tradition calls for the outgoing president to present their successor with headgear. Jennifer J. Hauler, DO, gifted Charles D. Milligan, DO, with an astronaut's helmet. Hauler said the head-to-toe garments reflect the profession's new frontier. The spacesuit, complete with OOA patch, included a radio because, Hauler noted, solid communication is vital to successful leadership.

Milligan installed as **OOA PRESIDENT**

Charles D. Milligan, DO, of Orrville, was installed as president of the Ohio Osteopathic Association during a luncheon at the Ohio Osteopathic Symposium, April 26, in Columbus.

He has practiced family medicine since 1981. He received his boarded certification by the American Osteopathic Board of Family Practice in 1987 and then received an additional board certification in Neuromusculoskeletal Medicine in 2005.

Milligan grew up in Denver, Colorado, and graduated from the University of Colorado-Boulder with a Bachelor of Science in chemistry. He is a 1977 graduate of Kirksville College of Osteopathic Medicine, and then served a rotating Internship at Doctors Hospital of Stark County in Massillon. Upon graduation he worked at the US Public Health Service, National Health Service Corp, in Horseshoe Bend, Arkansas.

An advocate for osteopathic medical education, he teaches osteopathic manipulative medicine to third- and fourth-year medical students.

The OOA is a non-profit professional association, founded in 1898, that represents Ohio's 4,700+ osteopathic physicians. Osteopathic physicians represent 16 percent of all physicians practicing in Ohio and 28 percent of the family physicians in the state. Among the OOA's objectives are promoting the public health of Ohioans and maintaining high quality standards at all osteopathic institutions. ■

OOA Officers for 2019-2020:

President-Elect

Sandra L. Cook, DO, of Geneva

Vice President

Henry L. Wehrum, DO, of Columbus

Treasurer

Jennifer L. Gwilym, DO, of Athens

Immediate Past President

Jennifer J. Hauler, DO, of Tipp City

During his installation ceremony, outgoing president Jennifer J. Hauler, DO, noted Milligan's passion for patient care and an unparalleled dedication to the osteopathic profession.

OHIO
UNIVERSITY

Herita

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GETTING SOCIAL



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LEFT Keynote Speaker Mikhail Varshavski, DO (aka Doctor Mike) and Loc Nguyen, DO.

1 Symposium attendees at the keynote presentation, *Social Media & Medicine*.

2 Doctor Mike and Nina Passen Oberschmidt, DO.

PHOTOS BY RICH-JOSEPH FACUN

2019 Symposium Recap

Mikhail Varshavski, DO, better known online as Doctor Mike, spoke to a packed house about *Social Media & Medicine* when he keynoted the Ohio Osteopathic Symposium, held April 24-28 at the Hilton Columbus at Easton Town Center.

The most followed doctor on social media and commonly known as *People Magazine's* "Sexiest Doctor Alive," Doctor Mike told the physicians and medical students that they need to raise their voices in the media to combat the growing amount of incorrect medical information online.

He acknowledged it can be tricky for physicians to navigate social media. One of the important things to remember is that you're not treating patients, there isn't a physician-patient relationship. "When I'm talking to people about general health issues and taping it for my YouTube channel, I am not providing medical treatment," he said. But Doctor Mike said he is interested in improving the general health and wellness of his followers. "If I can inspire a positive lifestyle change in someone through YouTube, then I've been an effective physician," he said.

Doctor Mike, who practices family medicine in New Jersey, has a combined audience of over 7 million social media subscribers on Instagram, Facebook, Twitter, and

YouTube. Between his wildly popular YouTube channel and recurring appearances on network TV programs like *Good Morning America*, *Today Show*, *Rachael Ray*, *The Doctors*, and *Mornings with Maria*, he has been able to reach a weekly audience of millions. In addition, he regularly contributes to esteemed online publications including *Men's + Women's Health*, *Reader's Digest*, and the American Academy of Family Physicians blog.

While Doctor Mike joined Instagram to document his life as a medical student, it was being named Sexiest Doctor Alive in 2015 when he was a second-year resident that catapulted his social media rise.

One of the faces of the AOA's "Doctors That DO" campaign, Doctor Mike said he is honored to represent the entire community of DOs. "Because of my presence in media and social media, I am able to bring osteopathic recognition to many health conversations," he said. "I want more people to know about osteopathic medicine. The more we can put the 'DO' letters at the forefront of mainstream medicine, the more people will fall in love with osteopathic care."

During his presentation, Doctor Mike took dozens of questions from physicians and students. Afterwards, he spent a couple of hours in the hallways talking individually with attendees and taking selfies. ►►



A panel of speakers participated in a "community conversation" about opioid use in Ohio. The session launched a series of conversations across the state. PHOTOS BY RICH-JOSEPH FACUN

A Conversation about Opioid Use in Ohio

More and more Americans find themselves in some way touched by the opioid epidemic. But while many have observed the effects of the crisis, *Not Far from Me: Stories of Opioids and Ohio* is the first book on this public health emergency composed entirely of first-person accounts. The book was put together by Daniel Skinner, PhD, assistant professor of health policy at Ohio University Heritage College of Osteopathic Medicine (OU-HCOM) Dublin, and Berkeley Franz, PhD, assistant professor of community-based health at OU-HCOM, Athens, who piloted their series of "community conversations" at the Symposium with a panel of physicians, medical students, and patients.

A community conversation features facilitated in-depth discussions to encourage critical, historically-informed dialogue around opioid use, with the aim of reducing stigma. For health care professionals, that means asking questions about their role and responsibility in the response to opioids. How can reflection help individuals rethink their prescribing practices and identify individual or

office-level initiatives to support patients with chronic pain while minimizing the risks of dependence?

OU-HCOM Executive Dean Kenneth H. Johnson, DO, called the book and conversation a valuable contribution to an ongoing effort. "The Heritage College has always provided the care that is most needed in our communities, and we are committed to lending support toward addressing the opioid abuse crisis, which may be Ohio's most desperately urgent public health battle," he said. "By sharing the voices of Ohioans who have grappled with this scourge at the grassroots level, Drs. Franz and Skinner remind us that populations, like individual patients, have an important role to play in their own healing."

In an attempt to give every voice the chance to be heard, *Not Far from Me* features contributors, including physicians, recovering drug abusers, affected family members, members of the clergy, government officials and more, from across the state as they engage with the pain of opioid abuse and overdose, as

well as the hope that personal and community level transformation brings. Ultimately, *Not Far from Me* humanizes the battle against addiction, challenges the stigma surrounding drug users, and unflinchingly faces the reality of the American opioid epidemic.

A look at opioids continued later in the Symposium when William R. Morrone, DO, a noted addiction educator and social advocate in pain management, discussed balancing risks and benefits. Prescribing opioid pain analgesics and then managing the patients who take them is complex work. Complications including misuse, abuse, diversion, addiction and opioid overdose have helped to create the serious public health epidemic.

The three-hour session was co-sponsored by the American Osteopathic Association as part of the Collaborative for Relevant Education (CO*RE) Risk Evaluation and Mitigation Strategy (REMS) program. The 10 interdisciplinary CO*RE organizations work together to provide comprehensive clinical education for safe opioid prescribing in alignment with the FDA. ►►



1

- 1** An estimated 870 people—including DOs, medical students, speakers, exhibitors, and guests—attended the Symposium.
 - 2** Ohio University President M. Duane Nellis, PhD, and OU-HCOM Executive Dean Kenneth H. Johnson, DO.
 - 3** R. Aaron Adams, DO, and William J. Burke, DO.
- PHOTOS BY RICH-JOSEPH FACUN



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- 1** Barbara A. Bennett, DO, recites the Osteopathic Pledge at the OOA House of Delegates.
- 2** Timothy D. Law, Sr., DO, introduces a panel of physician speakers from OrthoNeuro.
- 3** Jennifer L. Gwilym, DO, is sworn-in as Ohio ACOFP president.
- 4** Karen J. Nichols, DO, delivers the JO Watson, DO, Memorial Lecture.
- 5** ACOFP Immediate Past President Duane G. Koehler, DO, of Oklahoma.
- 6** AOA President William S. Mayo, DO, of Mississippi.

PHOTOS BY RICH-JOSEPH FACUN



The State of Osteopathic Medicine

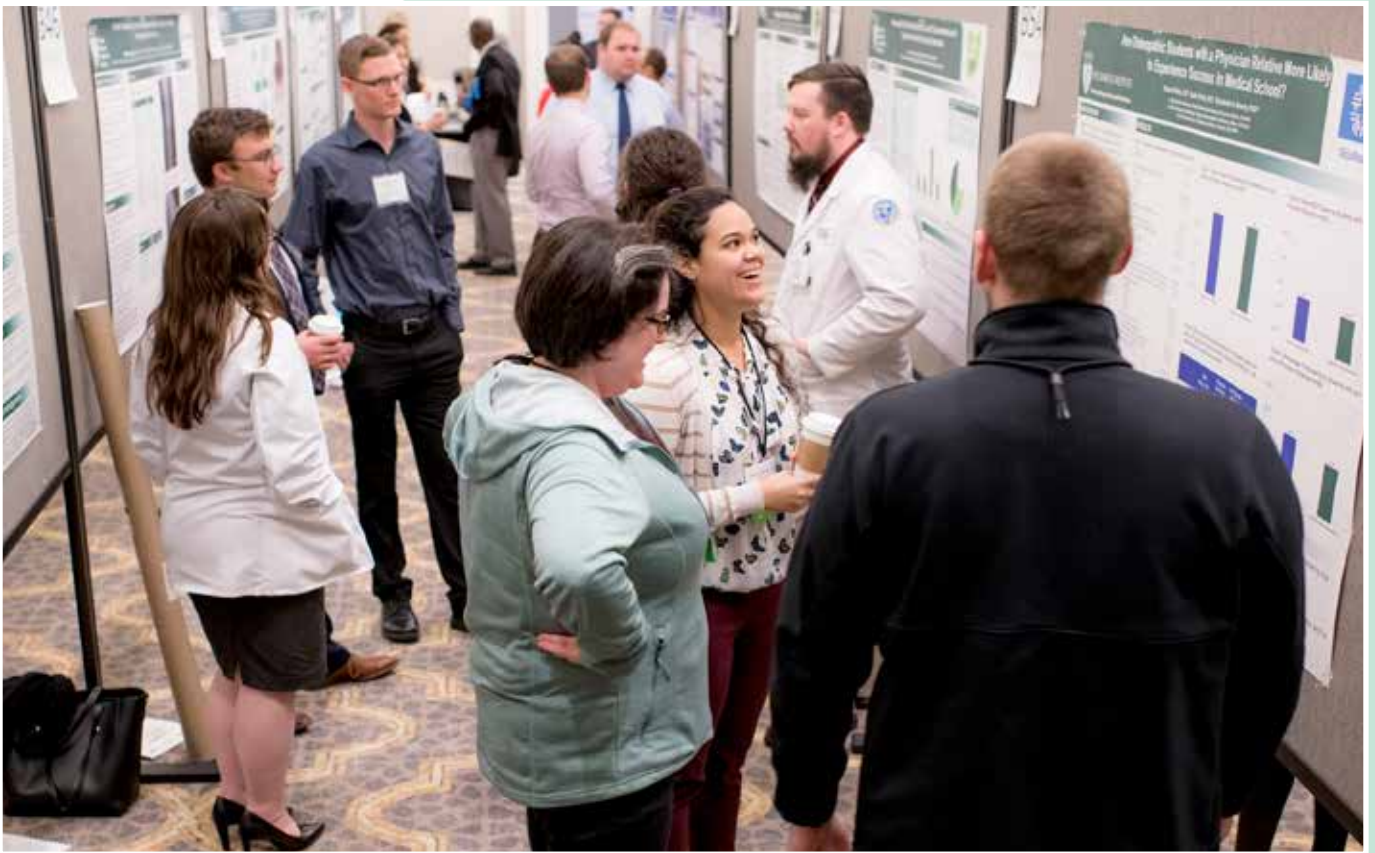
During his inaugural speech, Charles D. Milligan, DO, who was installed as OOA president during a special Symposium luncheon, noted some of the efforts and accomplishments over the past year and outlined his plan for the future. At the OOA House of Delegates, also held at the Symposium, outgoing president Jennifer J. Hauler, DO, provided a State of the State report. For a college update, Ohio University President M. Duane Nellis, PhD, and OU-HCOM Executive Dean Kenneth H. Johnson, DO, addressed a capacity luncheon crowd. In addition to discussing medical education, they honored Frank W. Myers, DO, who died late last year. Myers, a longtime advocate for primary care-focused osteopathic medical education, served as dean of the college for much of its first two decades.

Several national dignitaries also participated: American Osteopathic Association President William S. Mayo, DO, of Mississippi; American College of Osteopathic Family Physicians (ACOFP) Immediate Past President Duane G. Koehler, DO, of Oklahoma; and Karen J. Nichols, DO, of Chicago, who was selected to present the annual JO

Watson, DO, Memorial Lecture.

Mayo said his three areas of focus have been improving AOA board certification to deliver solutions that are cost-effective and technologically advanced while being relevant and physician-friendly; expanding and improving membership services that meet DOs at each stage of their career; and promoting unity in the osteopathic family. Prior to his presentation, Koehler conducted the swearing-in and installation of the new Ohio ACOFP president, Jennifer L. Gwilym, DO, of Athens.

Other notable programming throughout the five days included an OMM workshop, the always-popular dermatology roundtable, and a unique Star Wars-themed presentation, *Tar Wars: cigarettes vs. vaping*. Attendees earned 30.5 Category 1-A continuing medical education credits. In addition to clinical lectures, the Symposium highlighted the best of the profession with an evening reception honoring award recipients. An estimated 870 people—including DOs, medical students, speakers, exhibitors, and guests—attended the annual Symposium, a collaboration between OOA and OU-HCOM. ▶▶



Over \$5,000 Awarded at Annual Poster Contest

The 9th Annual Osteopathic Poster Competition and Exhibition drew entries from three medical schools and four states. The competition, open to osteopathic and allopathic students, interns, residents, and fellows, awarded \$5,750 in prizes. In an odd coincidence the number of abstracts was 147—the exact number as last year, which was a record. This year, there were 81 biomedical/clinical; 62 case reports; and three for exhibition only.

The contest was held Saturday morning, April 27.

New this year, the Columbus Osteopathic Association offered a \$500 cash prize for osteopathically-focused research that studies the efficacy and outcomes of osteopathic manipulative medicine and/or impact of osteopathic principles in practice.

While this was the ninth year for the regional competition, a smaller statewide event was held annually at the Symposium starting in 2003.

Award Recipients

Brent Whitehead, OMS II (OU-HCOM, Dublin) - *Effect of Legislation on Opioid Use in Foot and Ankle Surgery*

William Swindell, OMS IV, MS, PhD (OU-HCOM, Athens) - *ALS Blood Expression Profiling Identifies New Biomarkers, Patient Subgroups, and Evidence for Neutrophilia and Hypoxia*

Samantha Nandyal, OMS II (OU-HCOM, Athens) - *Examining Osteopathic Medical Students' Perception of Support*

Jessica Ball, DO, MPH (PGY2, OhioHealth Doctors Hospital, Columbus) - *Tongue Abscess Mistaken for Angioedema: Report of a Rare Entity and Review of the Literature*

Timothy Wolff, DO (Fellow, OhioHealth Grant Medical Center and OhioHealth Doctors Hospital, Columbus) - *Idiopathic Internal Jugular Venous Pseudoaneurysm in a Patient with a Traumatic Lumbar Fracture*

Trent Milligan, DO (PGY4, University of Toledo Medical Center) - *A rare location of radial nerve compression*

Devon Myers, DO (PGY1, OhioHealth Doctors Hospital, Columbus) - *Anterior Capsular Reconstruction using a Dermal Allograft for an Irreparable Subscapularis Tear after Shoulder Arthroplasty*

Jordan Luli, DO (PGY1, OhioHealth Doctors Hospital, Columbus) - *Atypical Hemolytic Uremic Syndrome from Head to Toe – A Difficult Diagnosis*

Ohio ACOFP Poster Award

Nina Passen Oberschmidt, DO (PGY1, OhioHealth Dublin Methodist) - *Development and Implementation of a Three-Year Longitudinal Osteopathic Curriculum for Residents in an ACGME Accredited Residency Program*

Columbus Osteopathic Association Award

Marija Rowane, OMS I (OU-HCOM, Athens) - *The Role of Osteopathic Medicine in Postconcussion Syndrome*

Read the abstracts online at www.OhioDO.org. ►►



The 9th Annual Osteopathic Poster Competition and Exhibition, held April 27 in conjunction with the Symposium, drew 147 abstracts in three categories (biomedical, case reports, exhibition) and awarded \$5,750 in prizes.
PHOTOS BY RICH-JOSEPH FACUN

◀ 2019 ▶ AWARD WINNERS

Osteopathic physicians across Ohio are doing tremendous work for the profession, their patients, and their communities. Those accomplishments were recognized at a special ceremony and evening reception during the Ohio Osteopathic Symposium. The Ohio Osteopathic Association (OOA), Ohio University Heritage College of Osteopathic Medicine Society of Alumni and Friends (OU-HCOM), and Ohio State Society of the American College of Osteopathic Family Physicians (Ohio ACOFP) presented their highest honors.



OOA Distinguished Service Award
Robert W. Hostoffer, Jr., DO
Cleveland



OOA/Osteopathic Heritage Foundations George L. Eckert, Jr., DO, Mentor of the Year
Michael E. Dietz, DO
Cincinnati



OOA Trustees Award
Anita M. Steinbergh, DO
Columbus



OOA/Osteopathic Heritage Foundations George L. Eckert, Jr., DO, Mentor of the Year
Robert A. Palma, DO
Columbus



OOA Meritorious Service Award
Joy Studer
Toledo



OOA/Osteopathic Heritage Foundations JO Watson, DO, Memorial Lecture Award
Karen J. Nichols, DO
Chicago



M. Bridget Wagner, DO, Humanitarian Award
Cleanne Cass, DO
Dayton



Ohio ACOFP Family Physician of the Year
J. Todd Wehl, DO
Columbus



Ohio ACOFP Distinguished Service Award
Donald R. Furci, DO
Columbus



Ohio ACOFP Young Family Physician of the Year
Tejal R. Patel, DO
Columbus



Ohio ACOFP Family Medicine Resident of the Year
Avalon N. Elliott, DO
Dayton, Grandview Medical Center



OU-HCOM Outstanding Alumnus
Joseph A. Holtel, DO
Athens



OU-HCOM Medal of Merit
José A. Bazán, DO
Columbus



OU-HCOM Honorary Alumnus
Carl C. Berasi, DO
Columbus



OU-HCOM Distinguished Service Award
Timothy D. Law, Sr, DO
Plain City



OU-HCOM Recent Graduate Award
Matthew B. Johnston, DO
Circleville

OOA Life Members

Constance E. Ange, DO
Vivian A. Bochenek, DO
Leonard H. Calabrese, DO
Daniel J. Cannone, DO
Raymond J. Flasck Jr., DO
Edward A. Hubach, DO
Jeffrey L. Kaufman, DO
Paul A. Martin, DO
Charles D. Milligan, DO
John E. Murphy III, DO
Jack M. Ramey, DO
Paul R. Sebest Jr., DO
Martha A. Simpson, DO
Daniel L. Smith, DO
Steven F. Tanzer, DO
Harold C. Thompson, DO
Thomas M. Whitlock, DO

SAVE THE DATE

2020 OHIO OSTEOPATHIC SYMPOSIUM

APRIL 22-26, 2020

Exhibitors

The support of Symposium sponsors and exhibitors helped to enhance the quality of the medical education program.

Exhibits were evaluated by a small committee of Symposium attendees who determined three winning vendors: Best Overall - Gene Sight; Most Educational - Janssen Pharmaceutical; and Judges Choice - Synutra Pure. Physicians who visited the trade show and obtained exhibitors' signatures were entered into a drawing for cash prizes totaling \$3,000.

Sponsors

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Exhibitors

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DocMJ - Medical Cannabis Physician Practice
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Rabkin Dermatopathology Lab
State Medical Board of Ohio
Synutra Pure, Ltd.
Takeda Pharmaceuticals
Visiting Physicians Association ■

Q & A

Talking Tech, Symposium Style

Every April, Mark Loudin, learning technology analyst at Ohio University Heritage College of Osteopathic Medicine in Athens, packs up a van full of laptops, tablets, LCD projectors, and an array of high-tech equipment and gadgets and heads to Columbus for the Ohio Osteopathic Symposium.

There, he oversees and coordinates the technology needs for the continuing medical education (CME) program of some 50 speakers and nearly 900 attendees over a five-day span.

Loudin joined OU-HCOM in 1999 as a multimedia producer and director with a responsibility to ensure that classroom technology worked effortlessly for faculty and students. Before that, he worked on-air for a decade at WDTV, a CBS television affiliate, and for six years as the public relations/sports information director at Glenville State College in West Virginia. He also worked as a freelance sideline camera operator for NCAA and NFL football games.

This was your 10th year managing the symposium technology. How did you originally get involved and what types of changes have you seen over the decade?

A few years before the Ohio Osteopathic Symposium began we had “Alumni Weekend” CME events in Irvine Hall on the Athens campus. The first year we had a handful of participants, the program grew very quickly, we moved the event to the Easton Hilton for a year or two then teamed with the Ohio Osteopathic Association and began working together on the symposium at the Hilton. What started as a large event that would take up the ballroom at the hotel has become a gigantic event that we now use virtually every space available at the Hilton. The teamwork needed to pull off this event is vital. The staff members from the Ohio Osteopathic Association and the Heritage College along with the team from Easton Hilton work incredibly well together.

The OOS is special in so many various ways, to have that chance to see so many HCOM graduates every year is beyond wonderful. Meeting so many great practicing Ohio physicians is a true pleasure. In recent years, we have asked HCOM students to help with the OOS; I have found this new development to be one of my favorite aspects of the symposium.

Are there any particular challenges with so many speakers involved in the program?

My first thought is... “Here is my updated PowerPoint.” We ask all the speakers to submit presentations in advance of the event, so obviously everyone brings an updated version that we load for the talk and upload so participants have the presentation during the talk. We also have numerous requests from speakers, some of which have included projecting live injections to the screens in the room, using an

extra camera to get close up shots of panel participants, and adding keyboards and other musical instruments for a lecture.

So, how many pieces of equipment do you bring each year?

In the beginning, I would bring all the technology we would use for the event. As we, and technology have grown and advanced we use more of the Hilton’s in-house equipment. We still bring a van full of laptops, cables, adaptors, tablets, signage, remote presenters, laser pointers, batteries, cords and I still bring two LCD projectors, just in case we might need them, which is much better than bringing 14 or so, which we did in the beginning.

Any memorable symposium stories to recount?

Oh my, I think there is a very solid sitcom buried in my memories of the symposium. When we were about to announce the transformative \$104 million gift to HCOM from the Heritage Foundation, we knew we had a very small amount of time to switch out the Easton ballroom from the standard classroom to a lunch setting. Five minutes into this transformation with the incredible Hilton staff making it happen, someone opened the door for the people expecting lunch to come in... We went from working fast to working hilariously fast, somehow, somehow we were able to get the room flipped and get the show started on time.

Most of my memories are the quiet moments actually, I may be a bit obsessive and OOS week I usually come down to our office (We work out of the Hilton Coat room for the OOS, which has become my favorite room in the hotel) at 5:30 am which is the same time that Hilton Banquet manager George Tornick comes in. We have a chance to talk each morning and catch up on life and the needs for the day. The cast has changed over the years, but I have many wonderful memories of the HCOM and OOA staff members that have run the symposium, people like Laura Whitt, Matt Harney, Jon Wills, Laurie Lach, and Jill Harman (who I think of pretty much constantly, as she is my wife).

The technology needs of a CME program are obviously much different than a medical school’s. Tell us a little about your job at the college.

I have been fortunate to work at the Heritage College for 20 years. My office is the Irvine lecture hall booth, so I have sat in on all the year one and two lectures for two decades. I am incredibly lucky to get to work closely with our students and make sure every aspect of the learning process runs smoothly from the three campus streaming connection to the audio from the student microphones. I also make sure that the classes run on time, which our Athens students usually find enjoyable as I sometimes have to make an appearance in the lecture



hall to make sure the person delivering the lecture knows that it is time to stop. I also work on the virtual bridge at HCOM running video conferencing calls for meetings and events.

The HCOM video operations team that I am a part of is a very dedicated and undeniably talented group. Jessica Makosky, Joe Scowden along with Engineers Phil Swatzel and Frank Carano do an exemplary job connecting over 13,000 hours of video conferences in the past year.

Students and visitors at the Athens campus have talked about your office. Can you describe it?

Heh. My office... I used to say my decorating style is early TV horror host. Just recently someone compared it to some of the small Japanese toy shops, so now I say the office is for the “Okatu” in all of us. For those that don’t know, Otaku is a Japanese term for people with obsessive interests, particularly in anime and manga. The booth is an odd office and as the years passed, I keep artifacts from each class. So, I just started using all that stuff, art work, student government posters, Synthesis and integration name cards, everything... and displayed them, everywhere. I also like magnets. I really, REALLY like magnets. The office features over 7,000 magnets and tons of equipment including the individual microphone controls for each student room mic and several video conferencing stations to connect to our virtual bridge.

There will be no lecture booth per se on the new HCOM Union Green campus so we need to install a BIG metal wall at our house.

On a personal note, what’s your favorite app/device/technology?

I guess my new favorite is a new technology we will be adding to the classrooms on all three HCOM campuses very soon! This technology will give the classroom experience a more connected and fully interactive feel. I am very excited to see our students and faculty get the chance to interact with it. ■



ABOVE A few medical students volunteer each year to assist Mark Loudin at the Ohio Osteopathic Symposium, held at the Columbus Hilton at Easton. Pictured here with Loudin at the event last year are two students who have since graduated (l-r) Crystal Piras DO, and Leah Bowlin, DO.

BELOW Mark Loudin’s office at the Heritage College, Athens, Irvine 194 lecture hall control booth.



OU-HCOM Executive Dean Kenneth H. Johnson, DO; OOA Past President Sean D. Stiltner, DO; OOA Executive Director Matt Harney, MBA; and OOA President Jennifer J. Hauler, DO. PHOTO BY RICH-JOSEPH FACUN

House of Delegates SETS POLICY AT ANNUAL MEETING

Physician-delegates at the OOA House of Delegates, held April 26-27 in Columbus, approved 16 of the 17 resolutions submitted for consideration, including three bylaws amendments.

The new bylaws provisions require districts to send a membership listing to the OOA twice annually; decrease the minimum number of district meetings from four to two; and eliminate three-year terms for delegates to the American Osteopathic Association. Three new policy positions were adopted: the availability of naloxone; alternatives to formulary-controlled substances; and parental leave policies for residency programs. Ten of the resolutions were existing policy statements that were reviewed and amended as needed. One resolution was disapproved.

Speaker David A. Bitonte, DO, of Uniontown, presided over the meeting with Vice Speaker Michael E. Dietz, DO, of Cincinnati. Both were re-elected to another term.

At a special luncheon during the Symposium, Charles D. Milligan, DO, of Orrville, was installed as OOA president. The executive committee for 2019-2020 was elected during the House session: President-elect Sandra L. Cook, DO, of Geneva; Vice President Henry L. Wehrum, DO, of Columbus; and Treasurer Jennifer L. Gwilym, DO, of Athens.

In his remarks to the House, Milligan challenged each of the 10 districts to bring new members and young physicians to next year's House of Delegates. "Our profession is growing and trending younger," he said. "About 65 percent of all DOs in active practice are under the age of 45. We want our House of Delegates to reflect that demographic."

The House also re-elected Sharon George, DO, to the Ohio Osteopathic Foundation Board of Trustees and approved a full slate of candidates to represent Ohio at the AOA House in July.

Two reference committees met on the first day of the House

session to evaluate each resolution, take testimony, and conduct a five-year review of existing policies. Committee chairs then provided a report the following day to the entire House.

Nicholas G. Espinoza, DO, of Toledo, chaired the Ad Hoc Committee. The following served on the committee: Victor D. Angel, DO; John C. Baker, DO; John C. Biery, DO; Katherine H. Eilenfeld, DO; Melinda E. Ford, DO; Gregory Hill, DO; Mark S. Jeffries, DO; Tejal R. Patel, DO; Christine M. Samsa, DO; and Cheryl Markino.

The Constitution & Bylaws Committee was chaired by Jennifer J. Gwilym, DO, of Athens. Committee members were: Nicholas T. Barnes, DO; Sandra L. Cook, DO; Michael E. Dietz, DO; Sharon L. George, DO; Edward E. Hosbach, DO; Chelsea A. Nickolson, DO; John F. Ramey, DO; Paul T. Scheatzle, DO; Henry L. Wehrum, DO; Andrew Williams, OMS; and Carol Tatman.

John F. Ramey, DO, chaired the Credentials Committee.

Other House business included a financial report, an update on the work of the Governance Committee—which resulted in the bylaws amendments, and a State of the State address from the outgoing president, Jennifer J. Hauler, DO. In addition, AOA President William S. Mayo, DO, provided an update on specialty board certification. Mayo, who attended the Symposium, participated in the House via videoconference as he had already left Columbus.

Also on the agenda were an introduction and brief remarks from new OU-HCOM Dean Beth A. Longenecker, DO; recitation of the Osteopathic Pledge of Commitment; an invocation from Charles G. VonderEmbse, DO; and a moment of silence to remember the OOA members who passed away during the preceding year.

Next year's House of Delegates is April 24-25 in conjunction with the Symposium. ■

LEGISLATIVE UPDATE

By Matt Harney, MBA

The 133rd Ohio General Assembly has been one for the ages. Following the 2018 election, Republicans maintained control of the House, Senate, and the executive branch. However, the leadership dynamics have been unlike anything we've ever witnessed—especially in the House, with the Speaker of the House election ultimately being decided by the minority party. Rep. Larry Householder managed to secure a minority of the votes (26) from his own Republican caucus—against then-incumbent Speaker Ryan Smith—but was able to garner support from 26 Democrats to win the speakership. Householder had previously served as speaker from 2001-2004. Due to the nature of his winning bipartisan coalition, many pieces of legislation deemed a priority featured Democratic support. Despite single-party control, the 133rd General Assembly has not been without a fair degree of contention.

In the first half of 2019, the General Assembly has focused primarily on the biennial budget in the form of House Bill 166. Interestingly, the initial versions of the bill received overwhelming support by the House (85-9) and unanimous support in the Senate. The bill then went to conference committee to iron out differences between the House and Senate versions of the bill. The conference committee included Sens. Matt Dolan (R-Chagrin Falls), Dave Burke (R-Marysville) and Sean O'Brien (D-Bazetta), and Reps. Scott Oeslager (R-Canton), Jim Butler (R-Oakwood), and Jack Cera (D-Bellaire). The differences between the two versions of the bill were significant enough to prevent an agreement by the constitutionally-mandated June 30 deadline. Despite a stable economy and full state coffers, the two chambers were at odds on taxes and several education items including school district takeovers. Health care issues were also hotly-debated including issues around price transparency, surprise billing, and the proposal to contract the state's managed care plans with a single pharmacy benefit manager. Speaker Householder said: "We're committed to a single PBM. We think we're going to save money and do the right thing for the people of the state of Ohio. If you continue to kick the can down the road you never come up with solutions and you continue to have problems. It's important to consider significant Medicaid changes while the economy is in good shape." House and Senate leadership ultimately decided on a temporary 17-day budget solution that would buy time to

arrive at a negotiated biennial budget.

It wasn't the first time the two chambers were unable to see eye-to-eye on spending issues. The General Assembly shot past the March deadline to craft a transportation budget (HB 62) partly due to disagreement over a gas tax increase that took effect July 1.

Nonetheless, on the final day of the General Assembly's self-imposed deadline, a budget deal was approved and sent to the governor on July 17. The budget totaled just over \$143 billion for fiscal years 2020 and 2021. HB 166 provides a 4 percent reduction in state income tax and increased the age for buying tobacco products to 21. Gov. Mike DeWine signed the budget bill on July 18 but vetoed 25 items. There are several funding items worth noting:

- The (state's portion of the) Department of Medicaid budget increased from \$14.14b in FY 2019 to \$14.77b and \$16.59b in the next two years.
- The Department of Health budget increases 30 percent in FY 20 and just over 42 percent in FY 21.
- The State Medical Board of Ohio budget increases just over 5 percent then another 4 percent the next couple years.

Regarding the State Medical Board of Ohio, HB 166:

- Reduces to 50 (from 100) the number of Category 1 credit hours required every two years for physician licensure/re-licensure.
- Eliminates dates established in statute for medical license renewal and instead provides that each license is valid for a two-year period that expires on the issuance anniversary date.
- Reduces to three the number of hours a physician may earn providing health care services as a volunteer.
- Requires both a supervising physician and physician assistant to retain a copy of their supervision agreement in their records.
- Eliminates telemedicine certificates and requires the Board to convert them to regular licenses to practice as a DO or MD.
- Eliminates limited certificates (which authorized individuals who are not US citizens to practice medicine in state-operated hospitals).

CONTINUED ON PAGE 18

Further, several of DeWine's vetoes were related to health care. Most notably, the governor vetoed:

- The provision establishing one statewide pharmacy benefit manager.
- A provision requiring health care providers to provide cost estimates to consumers and requiring reimbursement for out-of-network services when

performed at an in-network facility. In response to that veto, DeWine also issued an executive order to address price transparency.

While HB 166 easily absorbed a considerable portion of the legislature's time and attention, there were multiple high priority health-related bills submitted that are being monitored by the OOA. They include:

HB 177 Expands APRN Scope of Practice

Received multiple hearings in House Health Committee

The bill effectively would remove the collaboration agreement requirement between the various types of advanced practice registered nurses (family nurse practitioner, adult nurse practitioners, adult-gerontology nurse practitioner, women's health nurse practitioner, or pediatric nurse practitioner) and a physician or podiatrist. The bill also allows nurse practitioners Schedule II prescriptive authority and modifies clearances by licensed health professionals of concussed student athletes. (OOA opposes)

HB 224 Expands CRNA Scope of Practice

Received multiple hearings in House Health Committee

The bill would dramatically expand the ability of CRNAs to establish anesthesia care plans, determine whether the care plan is appropriate, perform assessments, and allow diagnostic tests to be ordered with one or more other health professionals "with" supervision of a physician. The language used in the bill cause considerable concern regarding timing and specifics of physician collaboration. (OOA opposes)

HB 61 Public Records

Passed the House; in Senate Judiciary Committee

Includes forensic mental health providers, mental health evaluation providers and regional psychiatric hospital employees as individuals whose residential and familial information to exemption from disclosure under the Public Records Law.

HB 10 Create the Governor's Office of Drug Policy

Passed the House

The Office will coordinate drug-related efforts from across state agencies and local governments; share with state agencies and local governments information about measures adopted by other agencies or governments to prevent and reduce the incidence of drug misuse, addiction, and overdose death; formulate policies designed to facilitate mutual aid across communities in their attempts to prevent and reduce drug misuse, addiction, and overdose deaths. It also seeks increased funding and resources for drug use prevention and treatment, including through partnerships with the private sector; and remove existing barriers to addiction treatment and services.

Other bills of interest that will be monitored as the General Assembly progresses into the late summer and fall, include:

- HB 11 Prenatal Care
- HB 12 Behavioral Health
- HB 265 Dementia Care
- SB 59 Naloxone Dispensing
- SB 61 CRNA Scope of Practice
- SB 72 Fireworks Law (OOA opposes)
- SB 97 Cost Estimates for Scheduled Health Services requiring Insurer Preauthorization

The OOA will continue to engage on legislative issues of importance to the osteopathic profession and their patients. Please be sure to consistently monitor OOA communications including the weekly OSTEOFACETS, "call to action" legislative advocacy email blasts, the OOA website, and future editions of *Buckeye Osteopathic Physician* for the most up-to-date legislative information. ■



PHOTO COURTESY OHIO UNIVERSITY HERITAGE COLLEGE OF OSTEOPATHIC MEDICINE

MAKING HISTORY

College Graduates its Largest Class, First Time to Include Students from all Three Campuses

At the Ohio University Heritage College of Osteopathic Medicine 40th annual commencement, held May 11 in Athens, the 2019 graduating class was the largest in the college's history and included, for the first time, students from the OU-HCOM Cleveland campus. The campus opened in 2015 in affiliation with Cleveland Clinic.

Last year saw the graduation of the first students from the Dublin campus, which opened in 2014 in partnership with OhioHealth.

Of the 228 graduates this year, 98 percent are from Ohio, 26 percent are from minority backgrounds, and 23 percent are first-generation college students. The class included seven members who are pursuing careers in military medicine in the US Army and Air Force. About 70 percent of the class will remain in Ohio for graduate medical education and approximately 47 percent are entering primary care specialties.

At the ceremony Kenneth H. Johnson, DO, executive dean and Ohio University chief medical affairs officer, highlighted the stories of one student from each of the college's three campuses in Athens, Dublin and Cleveland. "Each and every one of you has

traveled a unique path to graduation day," he noted. "Two hundred and twenty-eight paths have led you to this moment."

Isaac J. Kirstein, DO, dean of the Cleveland campus, pronounced himself "incredibly proud and excited" to see the first class graduate from the campus, which is located at Cleveland Clinic South Pointe Hospital, as he thanked the Cleveland students "for believing without seeing, as you applied to a medical school campus that was still being developed."

He also acknowledged the important role graduates from Athens and Dublin have played as members of the first three-campus class. "By sharing your ideas for making the Heritage College experience better for all students, you also have been integral to our success during this period of monumental growth," Kirstein said.

One of the objectives at the Cleveland campus is to address the need for more physicians – especially in primary care – to serve northeast Ohio. In addition to providing clinical training opportunities for the college's medical students, Cleveland Clinic is partnering in an innovative primary care curriculum demonstration project at the

campus, the Transformative Care Continuum.

Cleveland's first graduates expressed pride in the state-of-the-art facility, appreciation for the friendship and mutual support shared by a small band of pioneering classmates, and gratitude for the chance to be trained in – and give back to – northeast Ohio.

When the inaugural Cleveland class first toured the campus, they saw a site still under construction. "I still remember walking into the building before it was finished," recalled Michelle Sergi, who comes from Lowellville near Youngstown. "There were my classmates around me, all of us in awe at the whole experience, but also kind of nervous, wondering – Is this place going to be done by the time we start?"

Class members agree that the finished product met, and even exceeded, their expectations, with its telecommunication technology keeping the campus seamlessly connected to its sister sites in Dublin and Athens and its faculty and staff providing solid support for students.

Like the class of 2018 from OU-HCOM Dublin, or the class of 1980 at Athens, Cleveland's class of 2019 can forever enjoy knowing they were the first. ■

Deaths in the Family

Gary G. Waters, DO, of Belpre, died May 28, 2019. He was 67 years old.

A family physician, he served his community for many years and touched countless lives with his compassion and kindness. He leaves behind two generations who want to emulate him and carry on his legacy in medicine.

Waters graduated from Parkersburg Community College in 1978 in applied science; Glenville State College in 1982 with a bachelor of arts degree; and West Virginia School of Osteopathic Medicine in 1987 with his osteopathic medical degree.

An outdoorsman, he enjoyed fishing, hunting, beekeeping, and woodworking. He owned the Lazy G Farm in Lowell, where he raised buffalo and black angus.

Waters is survived by his wife, Keneta Eddy Waters; three children including Jeremy Waters, DO, of Parkersburg; seven grandchildren; his mother; two siblings; and a large circle of friends and patients.

Online condolences may be sent to the family at www.LeavittFuneralHome.com.

Physician News

Shawn R. Kerger, DO, of Columbus, was installed as president of the American Osteopathic Academy of Sports Medicine, May 3. The ceremony took place during the organization's Clinical Conference in Austin, Texas. Kerger is associate professor of Osteopathic Manipulative Medicine at Ohio University Heritage College of Osteopathic Medicine, Dublin campus. ■



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Sources
¹ <https://disabilitycanhappen.org/disability-statistic/>

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DID YOU KNOW

The majority of long-term disability claims are due to illness, not injuries?¹

90%

Illness



10%

Injuries



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Dawn Graham

@dawngrahamohio

Med Ed doesn't happen in a vacuum-our curriculum team meets in person in Dublin @OUHCOM @OUHCOMSocMed



@ Ohio Osteopathic Association

June 14, 2019

FUN FACT: Did you know Ohio University graduated its first class of medical students in 1980? Since then, what is now OU-Heritage College of Osteopathic Medicine has produced nearly 4,000 osteopathic physicians serving rural and underserved areas—with nearly 60% staying in Ohio. From here on out, OU-HCOM will graduate approximately 250 DOs annually! 🎉



OhioOsteopathicAssn

@OhioDOs

We're ready! Thanks to the @OUHCOM-Dublin medical students for volunteering early on a Saturday morning to judge State Science Day projects. #OhioSSD19



Check out the continuing medical education wellness video series from the **Ohio Physician Wellness Coalition**, which represents doctors and hospitals and focuses on addressing physician burnout. ohiophysicianwellness.org

Connect a DO Colleague to the OOA

Hear about a DO who's new in town, or know a DO who has returned from out of state? Whatever the situation, tell us who they are and we'll get them connected to their professional home! OhioDO.org (contact us)



Get public health information, tools, and resources from the Ohio Department of Health. odh.ohio.gov



Did you know?

You can read past issues of Buckeye Osteopathic Physician online. OhioDO.org (members only)

While you're caring for your community



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