

APRIL 28 – MAY 1, 2022 HILTON COLUMBUS AT EASTON

A Collaboration of Ohio University Heritage College of Osteopathic Medicine and Ohio Osteopathic Association

EVENT PROGRAM

Welcome to OOS 2022

The 2022 Ohio Osteopathic Symposium is a collaboration between the Ohio Osteopathic Association and the Ohio University Heritage College of Osteopathic Medicine and its Society of Alumni and Friends!



WIRELESS INTERNET

You will have access to the Hilton's wireless internet during the educational sessions. In order to maximize efficiency and speed, please disable any wireless hotspots you have on your devices. Wireless hotspots can drag the Hilton's system down, causing it to crash. If you need to power your device, be sure to sit in the front row of the lecture room to have access to electricity and a power strip. Wifi login instructions are provided in your registration folder. PROGRAM MATERIALS

The PDF of their slides and handouts are available at: http://www.ohiodo.org/OOSpresentations.

THURSDAY, APRIL 28, 2022 TOTAL CREDITS: 6.25

TIME	FUNCTION	LOCATION	CME CREDITS
1:00-5:00PM	REGISTRATION	EASTON LOBBY	
4:00-8:00PM	EXHIBITOR SET-UP	EASTON LOBBY	
2:00-3:00PM	Everyday Manual Medicine for Every DO – Technique Review and Case Studies Michael F. Stretanski, DO, Medical Director, Interventional Spine and Pain Rehabilitation Center, Mansfield, OH Nathan Katz, OMS-IV, Heritage College of Osteopathic Medicine	EASTON A/B	1.0
3:00-4:00PM	Electrodiagnostic Medicine, What Every Primary Care Doctor Should Know: Facts, Myths and Cases Michael F. Stretanski, DO, Medical Director, Interventional Spine and Pain Rehabilitation Center, Mansfield, OH Nathan Katz, OMS-IV, Heritage College of Osteopathic Medicine	EASTON A/B	1.0
4:00-5:00PM	Emergency Medicine: In Flight Emergencies Beth A. Longenecker, DO ('91), FACOEP, FACEP Dean, OUHCOM Athens Campus	EASTON A/B	1.0
3:30-5:00PM	Ohio Osteopathic Foundation (OOF) Board Meeting	LILAC	
5:00-5:15PM	BREAK		
5:15-8:30PM	 -Soup and Salad Buffet Dinner – DERMATOLOGY LIGHTNING ROUND – Rashes and Skin Eruptions that would Stump a PCP Dawn L. Sammons, DO ('03), FAOCD – Course Director, Dermatologist – Oakview Dermatology/Program Director, Dermatology Residency – Riverside Methodist Hospital Megan Jones-Sheets, DO ('16) – Oakview Dermatology Jessica V. Hoy, DO ('13) – Dermatologist of Greater Columbus Frank Morocco, DO - OhioHealth Stephanie K. Fabbro, MD – Buckeye Dermatology Shannon C. Trotter, DO ('06) – Buckeye Dermatology Residents: Ezra Hoover, DO Beth Ramser, MD Melanie Wolf, DO Stephanie N. Saridakis, DO ('19) 	EASTON A/B	3.25

FRIDAY, APRIL 29, 2022 TOTAL CREDITS: 8.5 HOURS

TIME	FUNCTION	LOCATION	CME CREDITS
7:00-8:00AM	REGISTRATION + CONTINENTAL BREAKFAST	EASTON LOBBY	
7:00-8:00AM	Ohio ACOFP Breakfast Meeting & President's Installation Nicole Heath Bixler, DO, MBA, FACOFP – Immediate Past President/ACOFP Sean D. Stiltner, DO ('04) – Incoming President/Ohio ACOFP	EASTON C/D/E	
8:00AM-5:00PM	EXHIBITS OPEN		

OHIO ACOFP PRESIDENT'S INSTALLATION BREAKFAST

OPEN TO ALL ACOFP MEMBERS

Nicole Heath Bixler, DO, MBA, FACOFP – Immediate Past President, ACOFP, will provide an update of events happening at the national level.

Sean D. Stiltner, DO ('04), will be installed as president.

7:00 – 8:00AM | Business Meeting +Installation

FRIDAY, APRIL 29, 2022 7:00AM – 8:00AM | EASTON C/D/E

MANAGEMENT OF ACUTE PE: THE EVOLUTION OF THERAPIES

Mitchell J. Silver, DO, ('89), FACC, FSVM, RPVI, was selected to deliver the annual lecture, a prestigious longstanding tribute to one of Ohio's most respected DOs, the late J.O. Watson. The award honors individuals who have made a significant contribution to the advancement of health care, osteopathic medical education, or research. Thanks to the generous support of the Osteopathic Heritage Foundations, the lecture award carries an honorarium and a \$5,000 charitable contribution in the recipient's name to the Ohio Osteopathic Foundation.

FRIDAY, APRIL 29, 2022 10:30AM – 11:30AM | EASTON A/B

HERITAGE COLLEGE ADDRESS LUNCHEON

ALL ARE WELCOME TO ATTEND

During this luncheon address, OHIO's Chief Medical Officer and the Heritage College Executive Dean Ken Johnson will discuss the innovative curricula, expansive clinical education networks and interdisciplinary commitments that have transformed the college in recent years.

FRIDAY, APRIL 29, 2022 11:30AM – 1:00PM | REGENT BALLROOM

NICOLE HEATH BIXLER, DO, MBA, FACOFP SEAN STILTNER, DO ('04)

MITCHELL J. SILVER, DO, ('89), FACC, FSVM, RPVI



KENNETH H. JOHNSON, DO, FAAO EXECUTIVE DEAN & CHIEF MEDICAL AFFAIRS OFFICER, OHIO UNIVERSITY





FRIDAY, APRIL 29, 2022 TOTAL CREDITS: 8.5 HOURS (cont.)

TIME	FUNCTION	LOCATION	CME CREDITS
8:00-9:00AM	Cutting Edge or Butter Knife? The Truth About Regenerative Therapies Joseph J. Ruane, DO, Medical Director, McConnell Spine, Sport and Joint Center, OhioHealth Team Physician, Columbus Blue Jackets	EASTON A/B	1.0
9:00-10:00AM	Infectious Disease: COVID Long Haulers Joseph M. Gastaldo, MD, System Medical Director, Infectious Disease, OhioHealth, Columbus, OH	EASTON A/B	1.0
10:00-10:30AM	REFRESHMENT BREAK / VISIT EXHIBITS		
10:30-11:30AM	JO Watson, DO Memorial Lecture - Management of Acute PE: The Evolution of Therapies Mitchell J. Silver, DO ('89), FACC, FSVM, RPVI, Interventional Cardiology & Vascular Medicine OhioHealth Heart & Vascular Physicians, Columbus, OH	EASTON A/B	1.0
11:30AM- 1:00PM	HCOM Luncheon – ALL WELCOME A Healthier Ohio, Empowered by Osteopathic Physicians Kenneth H. Johnson, DO, FAAO, Heritage College, Executive Dean and Chief Medical Affairs Officer, Ohio University	REGENT BALLROOM	1.5
1:00-2:00PM	Infectious Disease: STI Update: New CDC Guidelines, 2021 Jose A. Bazan, DO ('04), Infectious Disease Specialist, The Ohio State University Wexner Medical Center, Columbus, OH	EASTON A/B	1.0
2:00-5:00PM	HOUSE OF DELEGATES	EASTON C/D/E	
2:00-3:00PM	Nephrology Pearls: What Every Nephrologist Wishes PCPs Knew Norman O. Moser, DO Nephrologist, Lima, OH	EASTON A/B	1.0
3:00-5:00PM	Endocrinology: Diabetes, Disability and Elder Abuse Elizabeth A. Beverly, PhD, HCOM Associate Professor OHF Ralph S. Licklider, DO, Endowed Faculty in Behavioral Diabetes	EASTON A/B	2.0
3:45-4:15PM	REFRESHMENT BREAK – GRAB & GO / VISIT EXHIBITS		
5:00-6:00PM	NETWORKING HOUR (Symposium Soiree sponsored by River Tree Wealth Management)	JUNIPER B/C	

SATURDAY, APRIL 30, 2022 TOTAL CREDITS: 9.25 HOURS

TIME	FUNCTION	LOCATION	CME CREDITS
7:00AM- 7:00PM	REGISTRATION	EASTON LOBBY	
7:00-8:00AM	CONTINENTAL BREAKFAST	EASTON LOBBY	
8:00-10:00AM	Orthopedics Rapid Fire Foot & Ankle - Nicholas A. Cheney, DO ('07) Knee & Hip – Mark E. Gittins, DO Knee & Hip – Michael B. Cannone, DO ('93) Knee & Hip – Ryan M. Palmer, DO ('09) Hand – Desmond J. Stutzman, DO ('95) Spine – Ying H. Chen, DO Sports Medicine – B. Rodney Comisar, MD OrthoNeuro, Columbus, OH	EASTON A/B	2.0

AOA UPDATE + OOA PRESIDENT'S ADDRESS

Joseph A. Giaimo, DO, MACOI, FCCP | President, American Osteopathic Association, 2021-2022

Dr. Giaimo is AOA board-certified in internal medicine, pulmonary medicine and sleep medicine. He has been working in private practice in Palm Beach Gardens, Florida for more than 30 years. He is a master fellow of the American College of Osteopathic Internists and a fellow of the American College of Chest Physicians.

Jennifer L. Gwilym, DO ('03), FACOFP, FAAFP, CS | President-Elect, Ohio Osteopathic Association, 2022-2023

Dr. Gwilym is a Family Medicine Specialist in Athens, OH and has over 19 years of experience in the medical field. She is Assistant Dean, Southeastern and Central Ohio; Assistant Clinical Professor at Heritage College.

SATURDAY, APRIL 30, 2022 12:00PM – 1:30PM | EASTON C/D/E

KEYNOTE ADDRESS

Drowning Above Water: The Patient Experience

Adan A. Fuentes, DO ('03), Program Director, Otolaryngology Residency Program Kettering Health Network, Dayton, OH

Dr. Fuentes sees all aspects of ENT problems. He has a special interest in thyroid and parathyroid disorders. As a professionally trained actor, he also has an interest in the voice of the artist and performer. Dr. Fuentes also serves as the chair for the Department of ENT at Grandview Hospital and Southview Hospital.

SATURDAY, APRIL 30, 2022 1:30PM – 2:30PM | EASTON A/B

CME INFORMATION

The Ohio Osteopathic Foundation (OOF) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The OOF designated this program for 28 hours of AOA Category 1-A credits and will report CME and specialty credits in accordance with the extent of the physicians' participation in this activity.

To get your CME credit, complete the following forms by May 16, 2022. CME Attestation Form <u>http://www.ohiodo.org/OOSattestation</u> Evaluation Form <u>http://www.ohiodo.org/OOSattestation</u>

You will receive a CME certificate verifying your credits via email within 4 weeks.





JOSEPH A. GIAIMO, DO – PRESIDENT, AOA JENNIFER L. GWILYM, DO – PRESIDENT-ELECT, OOA



ADAN A. FUENTES, DO ('03) KEYNOTE SPEAKER



SATURDAY, APRIL 30, 2022 TOTAL CREDITS: 9.25 HOURS. (cont.)

TIME	FUNCTION	LOCATION	CME CREDITS
10:00-10:15AM	REFERESHMENT BREAK / Visit Top 20 Research Posters		
10:15-11:15AM	Endocrinology: Current Approach to the Incidental Adrenal Mass John E. Paes, DO ('03), FACOI, Clinical Lipidology Endocrinology, Diabetes, and Metabolism Central Ohio Primary Care, Columbus, OH	EASTON A/B	1.0
11:15-12:00PM	 Emerging Osteopathic Research Darlene Berryman, PhD, RD, LD, Associate Dean for Research and Innovation – Heritage College "Understanding the Viability of the Novel Material OnyxTM for use in Total Knee Arthroplasty Instrumentation Sets" Nathan Gregg, OMS-II, Heritage College – Athens campus Competition Winner "Targets for Intervention: A Glance at the Risk Factors Contributing to Rising Hypertensive Disease Burden in Lima, Peru" Jonathan Major, MBA, OMS-III, Heritage College – Athens campus Competition Winner "Predictors of intravenous immunoglobulin influence on fractional exhaled nitric oxide levels in common variable immunodeficiency" Marija Rowane, OMS-IV, Heritage College – Athens campus Competition Winner "Pediatric Lateral Humeral Condyle Fractures: Reliability of a Modified Jakob Classification System and Its Impact on Treatment Planning With or Without Arthrography" Joseph Miller, OMS-II, Heritage College – Dublin campus Honorable Mention "Correlation of Lisfranc Injuries with Regional Bone Density" Nathaniel Starcher, OMS-II, Heritage College – Dublin campus Honorable Mention 	EASTON A/B	-75
12:00-1:30PM	LUNCHEON – ALL WELCOME AOA President's Address - Joseph A. Giaimo, DO, MACOI, FCCP OOA President's Address: My Road to Mentoring in Medicine Jennifer L. Gwilym, DO ('03), FACOFP, FAAFP, CS	EASTON C/D/E	1.5
1:30-2:30PM	KEYNOTE ADDRESS: Drowning Above Water: The Patient Experience Adan A. Fuentes, DO ('03), Program Director, Otolaryngology Residency Program Kettering Health Network, Dayton, OH	EASTON A/B	1.0
2:30-3:30PM	Cardiovascular: Comprehensive Review Swollen Limb: Not All Edema Treated by Diuretics Samih Bittar, MD, Vascular Medicine, OhioHealth Physician Group, Columbus, OH Approach to Lower Extremity PAD Joseph D. Campbell, MD, Interventional Cardiology, OhioHealth Physician Group, Columbus, OH	EASTON A/B	1.0
3:15-3:45PM	REFRESHMENT BREAK – GRAB AND GO	EASTON LOBBY	
3:30-4:30PM	Urology: Update for the Primary Care Physician Scott D. Barkin, DO, Central Ohio Urology Group, Columbus, OH	EASTON A/B	1.0

SATURDAY, APRIL 30, 2022 TOTAL CREDITS: 9.25 HOURS (cont.)

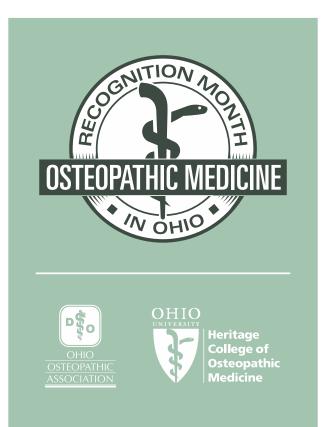
TIME	FUNCTION	LOCATION	CME CREDITS
4:30-5:30PM	I Can't Stop Coughing Nathan P. Samsa, DO, PharmD	EASTON A/B	1.0
6:00-8:00PM	Cocktail Awards Reception Honoring Your Osteopathic Peers Heritage College Awards/OOA Awards/Ohio ACOFP Awards	EASTON C/D/E	

SUNDAY, MAY 1, 2022 TOTAL CREDITS: 4.0 HOURS

TIME	FUNCTION	LOCATION	CME CREDITS
8:00AM- 12:00PM	OMM Skills Enhancement Course: Primary Care and Sports Medicine Jean S. Rettos, DO ('04), HCOM OMM Discipline Director and GME Liaison to OhioHealth Robert B. Truax, DO, CAQSM, Associate Clinical Professor, OMM, HCOM - Cleveland	EASTON A/B	4.0

2022 EXHIBITORS

Alfasigma USA, Inc.	Lucid Diagnostics
Amarin Pharmaceuticals	Molina Healthcare
Amgen	Mount Carmel Health Systems
AstraZeneca	NephU
Bayer Pharmaceuticals	Novartis Pharmaceuticals
Buckeye Health Plan	Ohio Army National Guard
ChenMed	Ohio Senior Insurance Information Program-OSHIIP
Columbus CyberKnife	Ohio Physicians Health Program
EPI/Alpha-Stim	Optos, Inc.
Exact Sciences	OrthoNeuro
Janssen Pharmaceutical	Orthopedic ONE





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